

## **Kelloggsville Middle School**

4650 S. Division Ave. SE Grand Rapids, MI 49548 Phone (616) 532-1575 Fax (616) 532-1579

### News From the Principal

Every student at Kelloggsville Middle School has a 25 minute class titled PRIDE. PRIDE is an acronym for Prepared, Respectful, Involved, Dependable, and Empathetic. In this class, teachers and students work together to discuss things like homework, school culture, climate, how to be successful in school and in life, and how to be kind, empathetic, and compassionate. This is a time for teachers to get to know a small group of students on a more personal level and gives your student a chance to find something interesting about one of their teachers. The curriculum we use to support the "Whole Child" are Second Step (Social-Emotional Learning), be nice (Emotional wellness), and Xello (college and career awareness).

We are looking for volunteer parents to help out with our PTC group that meets once a month throughout the school year. At these meetings, we discuss ways to fundraise and help out with school functions. We are searching for parents to support our PTC starting next year. If you are interested in helping our community in any way, please contact me at (616)532-1575 or at cmorrow@kvilleps.org. It's a great day to be a Rocket!

### News From the Assistant Principal

KMS has started hosting our Rewards Assemblies for the 23-24 school year. Eligible students will have fun playing games in the gym or in classrooms and are recognized for good choices! In order for your child to participate in the Rewards Assemblies they must be eligible to attend. To be in good social standing they may not have any discipline referrals that resulted in

ISS (in-school suspension) or OSS (out of school suspension) for the past 30 days. Our hope is that all students make positive behavior choices and can attend each month!

Reminder: In order to increase academic focus and decrease distractions, all cell phones and air pods need to be secured in a student's locker from 8:00 a.m. to 3:00 p.m. In the event a student needs to contact a parent, they may use the student phone

in the main office. KMS will not be responsible for lost or stolen items.

We are wrapping up the first semester of the 2022-23 school year and want to encourage students to finish strong academically and behaviorally. Part of finishing the semester on a high note is strong attendance. Please help us by reminding your student to be at school, if they have no flu-like symptoms, and get to class on time to maximize educational opportunities and increase your chance for success.

### Counseling News

KMS will once again be participating in the Spelling Bee in January. Students will get more information about the bee in November. Please contact Laura Kuperus if you have questions about the bee.

We are continuing with the nice program at KMS this year. It was developed by the Mental Health Foundation of West Michigan and focuses on mental health awareness and knowing when to ask for help for a friend or peer who is struggling. Ask your students what the letters in NICE stand for (Notice, Invite, Challenge, and Empower). Each Wednesday the PRIDE classes participate in a be nice. activity or discussion. Students also signed a banner pledging to "Be Nice." and the banner is hanging in our entryway.

If you need some extra assistance during the holidays, call United Way's First Call for Help by dialing 2-1-1. Families can sign up for a variety of holiday assistance opportunities. In addition, if your family would like to volunteer, call 2-1-1. They will connect you with an organization that needs help.

### News from the Home-To-School Coordinator

Help Your Child Succeed in School:

Build the Habit of Good Attendance, Early School success goes hand in hand with good attendance! Good attendance will help children do well in high school, college, and at work. Please do not forget if your student(s) has a Doctor



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appointment to bring in a note from the Doctor to verify the appointment.

### Helpful Tips for Awesome Attendance

- Remind your child that school is their first and most important job!
- Communicate the importance of regular school attendance to your child so they are hearing the same thing we are saying at school.
- In the cold winter months, make it a point to bundle up and leave earlier to ensure you are on time.
- Check in on your students' attendance as often as possible and reach out to us if you have any questions/concerns.
- If your child is running a fever of 100 degrees or more, vomiting, or having diarrhea they need to be kept home--if they do not have any of these symptoms, please send them!
- Avoid extended vacations that require your child to miss school. Try to line up vacation with the school's schedule. The same goes for doctor's appointments.

### Winter Health

### When to take a sick day?

Please keep your student at home if he/she has any of the following symptoms: temperature of 100.4 F or higher, diarrhea or vomiting in the last 24 hours, and/or diagnosed with a contagious illness.

**Nurse News** 

### Nosebleeds?

If your student suffers from frequent nosebleeds in the winter, it is likely from the dry air. Try using a cold air humidifier in your students room at night. Saline nose drops or petroleum jelly may help too. If severe, consult your pediatrician.

#### Head lice?

This time of year we often see increased cases of head lice. Head lice are most commonly spread by direct head-to-head contact with hair of other

people who have head lice. Head lice can also spread through contact with an infested person's personal items, such as hair brushes and combs, hats, unwashed clothing, bedding or towels. Treatment for head lice consists of shampooing the hair with a medicated shampoo. Also, it is necessary to comb out nits(egg). As a reminder, head lice are not a health hazard or a sign of poor hygiene and are not responsible for the spread of any disease. Students will be sent home from school if live lice are found. It is important for you to follow through with treatment to prevent your student missing multiple days of school.

### Music News:

Holiday Concerts:

\*Choir- Nov 15, 2023 in the KHS Auditorium at 7pm. \*Band- Dec 13, 2023in the KHS Auditorium at 7pm.

#### Important Dates

November 15 MS Choir concert November 15 Honor roll Griffins trip GR Santa parade November 18 November 22-24 No School Wyoming Santa parade December 9 MS Band concert December 13 December 22 1/2 Day of school December 25-January 5 No School